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one change changes everything™



VN

Train For A Career In

Vocational Nursing

DIPLOMA PROGRAM



We all dream of **success**.
Our goal is to help you achieve it.



Meet American Career College

With over 45 years of experience in healthcare training and more than 70,000 graduates, ACC is here to help you make your goals a reality.

Our classes are modeled after real-life scenarios, using the same medical tools and equipment you'll use on the job. That way, you're prepared to jump in on your very first day. We provide education focused on real-world skills and knowledge, giving our students the opportunity to change their lives for the better.

What is Vocational Nursing?

Vocational nurses are an integral part of nursing teams. They can perform a variety of tasks to help patients feel comfortable and get better, including performing basic assessments, documenting changes in a patient's condition, measuring vital signs, and administering medication.¹

Vocational nurses work in a range of facilities, including nursing care facilities, home health facilities, outpatient care centers, hospitals, and community care facilities for the elderly.¹

Program Overview

The Vocational Nursing program is designed to help prepare students for their licensure and for entry-level Licensed Vocational Nurse (LVN) positions.

Vocational Nursing Skillset



Monitor Blood Pressure



Measure Heart Rate



Patient Care



Data Collection



License Prep

¹ <https://www.labormarketinfo.edd.ca.gov/OccGuides/Detail.aspx?Soccode=292061&Geography=0601000037>



Vocational Nursing Program

The program is divided into five terms approximately 10 weeks in length (15 weeks for the evenings and weekend option). Each term is comprised of prescribed units of study that build upon each other.

Term 1

AP100 Clock Hours 50 | Quarter Credits 5 **Introduction to Anatomy & Physiology**

This course provides a comprehensive understanding of anatomical terminology, organ systems, and physiological processes essential for nursing practice. Emphasis is placed on integrating anatomical knowledge with physiological principles to support health assessment and patient care decisions. Through lectures and discussions, students explore topics such as body structures, tissue types, organ systems, and homeostasis mechanisms. This foundational knowledge forms the basis for advanced nursing courses and clinical applications in subsequent terms.

NT100 Clock Hours 30 | Quarter Credits 3 **Nutrition**

This course provides an introduction to basic principles of nutrition as it relates to health promotion, disease prevention, and nutritional support throughout the life cycle. Weight management and physical fitness are also considered. Students explore current nutritional therapy, the interactions between nutrition and medications, and the role of nutrition in the treatment of selected diseases.

VN010 Clock Hours 80 | Quarter Credits 8 **Fundamentals of Nursing**

Fundamentals of Nursing introduces students to the nursing concepts related to providing basic care to clients and their families. Principles of data collection as a part of the client assessment are emphasized. Students focus on the use of the nursing process to provide care for clients with basic health alterations. Students describe how to use appropriate terminology to document care provided. The course emphasizes methods of ensuring the safety of clients while intervening to meet needs related to rest and sleep, pain and comfort, mobility, nutrition, elimination, hygiene, and care of the client's environment. Clients' psychosocial, cultural, and spiritual needs, as well as ethical and legal implications, are integrated into the plan of care. Principles of drug administration, including dosage calculation and administration of solutions, are introduced. Students also study the nursing responsibilities used during the admission, transfer, and discharge of clients. First aid principles are discussed.

VN010L Clock Hours 120 | Quarter Credits 6 **Fundamentals of Nursing Skills Lab**

Fundamentals of Nursing Lab emphasizes the development of nursing care skills associated with the care of clients with basic health alterations in the laboratory setting. Students will demonstrate beginning-level competence in selected skills.

VN010C Clock Hours 64 | Quarter Credits 2 **Fundamentals of Nursing Clinical**

Fundamentals of Nursing-Clinical provides the opportunity for students to safely care for clients with basic health care needs. Students use the nursing process to provide and evaluate nursing care for clients and their families. Students demonstrate critical thinking skills in selected client situations. Students implement clinical skills learned in the Fundamentals Lab as the opportunity arises. Students use therapeutic communication skills when caring for clients and working with members of the health care team to deliver care.

Term 2

PHR100 Clock Hours 27 | Quarter Credits 2.5 **Pharmacology I**

Pharmacology I introduces students to the principles of pharmacology, the legal aspects of medication administration and the role of the VN in administration of medications as part of the nursing process. Principles of client teaching required to support safe and effective medication administration are considered. Students identify medications often used in the care of clients with alterations of health related to the integumentary, musculoskeletal, and gastrointestinal systems.

VN020 Clock Hours 60 | Quarter Credits 6 **Introduction to Medical-Surgical Nursing**

Medical-Surgical Nursing I Clinical provides students the opportunity to care for clients with alterations of health, including surgical clients and those with alterations in the integumentary, musculoskeletal, and gastrointestinal systems. Students will be expected to participate in the development, implementation, and evaluation of a plan of care for these clients, implementing appropriate nursing interventions and documenting the care provided in a variety of healthcare settings.

VN020C Clock Hours 160 | Quarter Credits 5 **Introduction to Medical-Surgical Nursing Clinical**

Medical Surgical I Clinical provides students with clinical experience in caring for adult patients as part of their medical-surgical nursing education. Under the supervision of clinical instructors and registered nurses, students apply theoretical knowledge from VOCN200 to patient care scenarios in clinical settings. This course focuses on developing clinical skills such as medication administration, patient assessment, therapeutic communication, and interdisciplinary collaboration. Through direct patient care experiences, students refine their clinical judgment and critical thinking skills essential for nursing practice.

Term 3

PHR200 Clock Hours 27 | Quarter Credits 2.5 **Pharmacology II**

Pharmacology II continues the study of the medication's actions and adverse reactions as they relate the nursing care of clients with alterations in urinary, sensory, cardiac, respiratory, blood and lymphatics, endocrine, reproductive, and neurological systems in a variety of clinical situations. Students will continue to consider safety, legal and ethical aspects, and client educational needs when administering medications emphasized in this course.

VN030 Clock Hours 90 | Quarter Credits 9 **Intermediate Medical-Surgical Nursing**

Intermediate Medical-Surgical Nursing continues to support the development of students' ability to provide nursing care for clients with alterations of health, including cardiac, blood and lymphatics, endocrine, urinary systems and fluid and electrolytes. The course addresses the physical, cultural, spiritual and psychosocial care needs of the clients and/or their significant others, appropriate treatments, risk-reduction strategies and the need for health teaching. Students will continue to increase their ability to use clinical reasoning and the nursing process to provide safe, effective care for clients. Students will also describe the facilitation of care of clients in various healthcare settings.

VN030C Clock Hours 240 | Quarter Credits 8 **Intermediate Medical-Surgical Nursing Clinical**

Intermediate Medical-Surgical Clinical provides students with advanced clinical experiences in medical-surgical nursing. Under the supervision of clinical instructors and registered nurses, students apply theoretical knowledge from VOCN300 to patient care in acute and chronic care settings. This course focuses on developing proficiency in nursing assessment, complex nursing interventions, patient education, and care coordination. Through hands-on clinical practice, students further refine their clinical judgment, prioritization skills, and ability to manage multiple patient care responsibilities.

Term 4

VN040 Clock Hours 100 | Quarter Credits 10 **Advanced Medical-Surgical Nursing**

Advanced Medical-Surgical Nursing supports the continued development of students' ability to care for clients with acute alterations of health, including immunology, oncology, sensory, reproductive, and neurological systems. The course addresses the physical, cultural, spiritual and psycho-social nursing care needed by these clients and/or their significant others, appropriate treatment with nursing care that may be employed, strategies to reduce health risks, and their need for health teaching. Students continue to increase their ability to use clinical reasoning and the nursing process in acute clinical situations to provide safe, effective care for clients. Students will also explore care of clients in various healthcare settings.

VN040C Clock Hours 240 | Quarter Credits 8 **Advanced Medical-Surgical Nursing Clinical**

Advanced Medical Surgical Clinical provides students with advanced clinical experiences in medical-surgical nursing practice. Under the guidance of clinical instructors and registered nurses, students apply theoretical knowledge from VOCN400 to complex patient care scenarios in clinical settings. This course emphasizes the application of critical thinking, clinical judgment, and evidence-based practice principles in managing patient care. Students further develop skills in nursing assessment, therapeutic interventions, patient advocacy, and healthcare team collaboration as well as leadership and supervision. This Clinical Practice prepares students for the challenges and responsibilities of professional nursing practice and facilitates their transition to the role of a competent vocational nurse.

LD100 Clock Hours 30 | Quarter Credits 3 **Lifespan Development**

This course provides vocational nursing students with a comprehensive understanding of human growth, development, and aging across the lifespan. Students will explore various stages of development, including infancy, childhood, adolescence, adulthood, and older adulthood. They will examine physical, cognitive, psychosocial, and emotional changes that occur at each stage, as well as common health issues and interventions.

Term 5

VN050 Clock Hours 30 | Quarter Credits 3 **Maternal Child Nursing**

Maternal Child Nursing Clinical provides students the opportunity to care for families throughout the stages of pregnancy, labor and delivery, and care of the newborn. Students care for pediatric clients of various ages and in a variety of clinical settings. Students use the nursing process and clinical judgment to meet the health.

VN050LC Lab Hrs 30 | Clinical Hrs 30 | Quarter Credits 2.5 **Maternal Child Nursing Lab & Clinical**

Maternal-Child Nursing Lab provides students with hands-on practice in essential maternal and child health nursing skills. Under the guidance of instructors, students develop proficiency in performing assessments, providing care, and implementing therapeutic interventions for pregnant women, newborns, and children. Lab activities include simulated scenarios, skills demonstrations, and practice with equipment used in maternity and pediatric care.

Maternal-Child Nursing focuses on the nursing care of women during pregnancy, childbirth, and the postpartum period, as well as the care of newborns and children. This course emphasizes the physiological and psychosocial aspects of maternity and pediatric nursing care. Topics include prenatal care, labor and delivery, newborn assessment and care, growth and development milestones, common pediatric illnesses, and family-centered care. Through theoretical instruction, case studies, and discussion, students learn evidence-based nursing interventions, health promotion strategies, and cultural considerations relevant to maternal and child health.

CC050 Clock Hours 70 | Quarter Credits 2 **Clinical Capstone**

This capstone course provides vocational nursing students with the opportunity to integrate and apply their knowledge, skills, and clinical experiences acquired throughout the nursing program. Students will participate in a comprehensive clinical rotation, where they will provide complex nursing care to a diverse patient population under the supervision of the clinical instructor or preceptor.

CM050 Clock Hours 52 | Quarter Credits 5 **Concept Mastery**

Concept Mastery - NCLEX Preparation focuses on preparing students for the National Council Licensure Examination for Practical Nurses (NCLEX-PN). This course reviews essential nursing concepts and principles across major nursing content areas, including medical-surgical nursing, maternal-child health, pharmacology, and mental health nursing. Through comprehensive review sessions, practice exams, and test-taking strategies, students strengthen their knowledge base and critical thinking skills required to pass the NCLEX-PN exam.

PROGRAM TOTAL: **1530** Clock Hours
 90.5 Quarter Credits



“ My mindset is that the sky is the limit and if you set your mind to do something, you can do anything. Nursing school is not easy, you have to be focused, study hard, prioritize what you really want and if it’s your passion, go for it. ” SANDY J., VN '21

Start Your **Change** Today



Accreditation

ACC is institutionally accredited by the Accrediting Bureau of Health Education Schools (ABHES). ABHES: 6116 Executive Blvd., Suite 730, North Bethesda, MD 20852, (301) 291-7550 / www.abhes.org.

In addition, our Vocational Nursing program is approved by the California Board of Vocational Nursing and Psychiatric Technicians (BVNPT) 2535 Capitol Oaks Dr. #205, Sacramento, CA 95833 Phone (916) 263-7800 / Fax (916) 263-7866 / www.bvnpt.ca.gov

Student Outcome Information		
Accrediting Bureau of Health Education Schools (ABHES) Los Angeles, Orange County, Ontario: https://americancareercollege.edu/legal/abhes		
California Bureau for Private Postsecondary Education (BPPE) Los Angeles: https://americancareercollege.edu/uploads/School-Performance-Fact-Sheets-Los-Angeles-Campus-1.pdf Orange County: https://americancareercollege.edu/uploads/School-Performance-Fact-Sheets-Orange-County-Campus.pdf Ontario: https://americancareercollege.edu/uploads/School-Performance-Fact-Sheets-Ontario-Campus.pdf		
For Program Costs		
https://americancareercollege.edu/catalog/current/financial-information/program-tuition-and-fees/diploma-programs-tuition		
O*Net Occupation Titles	SOC Code	Links to Occupational Profiles on O*Net
Licensed Practical and Licensed Vocational Nurses: Licensed Practical Nurse (LPN), Charge Nurse, Licensed Vocational Nurse (LVN), Clinic Licensed Practical Nurse (CLINIC LPN), Pediatric Licensed Practical Nurse (PEDIATRIC LPN), Clinic Nurse, Office Nurse, Private Duty Nurse, Triage Licensed Practical Nurse (TRIAGE LPN)	29-2061.00	http://www.onetonline.org/link/summary/29-2061.00
To obtain a list of the objective sources of information used to substantiate the salary disclosures, please refer to the California Employment Development Department website at: https://www.labormarketinfo.edd.ca.gov/Occupational-Guides.html . ACC provides career guidance and assistance but cannot guarantee employment. Programs lengths vary by schedule and session. The opinion is the individual's sole opinion and not necessarily representative of that of the school, any instructor or any other student.		

Location

Los Angeles, Orange County, and Ontario campuses

Duration

Approximately 12 months (18 months for evening and weekend option)

Schedule

On-campus instruction. Schedule will vary by term.

Enrollment Requirements

Some of the admissions requirements include:

- » Must be at least 18 or have a parent’s or guardian’s signature
- » Must have a high school diploma or the equivalent
- » Must take and pass entrance exams

Be sure to speak with an admissions advisor to get all the necessary information to apply for the Vocational Nursing program.

Instructional Equipment

Here are some of the exciting tools you will get hands-on experience with: anatomy charts, glucometers, medication carts, procedure kits, skeletons, stethoscopes, wheelchair/walker, anatomical models, hospital beds with overbed and side tables, procedural anatomical mannequins, scale, sphygmomanometers, and electronic and tympanic thermometers

americancareercollege.edu
1-888-thinkACC (844-6522)

LOS ANGELES

4021 Rosewood Ave.
 Los Angeles, CA 90004
 (323) 668-7555

ORANGE COUNTY

1200 North Magnolia Ave.
 Anaheim, CA 92801
 (714) 763-9066

ONTARIO

3130 East Sedona Court
 Ontario, CA 91764
 (909) 218-3253

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