

american  
career  
college

one change changes everything™

ADN

Train For A Career With An

Associate  
Degree in **Nursing**



We all dream of **success**.  
Our goal is to help you achieve it.



## Meet American Career College

With over 45 years of experience in healthcare training and more than 70,000 graduates, ACC is here to help you make your goals a reality.

Our classes are modeled after real-life scenarios, using the same medical tools and equipment you'll use on the job. That way, you're prepared to jump in on your very first day. We provide education focused on real-world skills and knowledge, giving our students the opportunity to change their lives for the better.

### What is a Registered Nurse?

Often called the backbone of the healthcare industry, registered nurses (RNs) provide and coordinate patient care, playing an essential role in their treatment and recovery. RNs perform a variety of tasks, including evaluating patient needs, administering treatment and medications, and educating patients on health maintenance.<sup>1</sup>

RNs can work in hospitals, outpatient care centers, home health services, nursing care facilities, and physicians' offices.<sup>1</sup>

### Program Overview

The goal of the ADN program is to teach students to use critical thinking, clinical reasoning, and the nursing process to deliver evidence-based, patient-centered care.

#### Associate Degree in Nursing Skillset



**Run Diagnostic Tests**

Practice measuring and recording patients vital signs.



**Patient Care**

Provide safe and compassionate care during an individual's most vulnerable time.



**Manage Treatment Plans**

Administer medicine and treatments to patients.

<sup>1</sup> <https://www.labormarketinfo.edd.ca.gov/OccGuides/detail.aspx?Soccode=291141&Geography=0601000000>





# Associate Degree in Nursing Program

The nursing program is divided into eight 10-week quarters. Upon program completion, students will be eligible to sit for the National Council Licensure Examination for Registered Nurses (NCLEX-RN) to become a registered nurse.

## General Education Courses:

**ENGL100** Clock Hours 40 | Quarter Credits 4

### Written Communications I\*

This course provides instruction in the process of effective written communication for a variety of formats. It initially focuses on four basic areas of effective writing: unity, specifics, coherence, and grammar. The course will utilize reading, discussion and personal insight to increase students' capacity to write simple paragraphs, formal essays, reports, and research projects. Students will be equipped with techniques that facilitate creative, academic, and professional written communication. Additionally, students will be given library activities to enhance research skills.

**HUM118** Clock Hours 40 | Quarter Credits 4

### Cultural Pluralism\*

Compares varied cultural traditions among groups of people in a given society who are interdependent and autonomous. Emphasis on shared socioeconomic and political systems in a society and an appreciation of the distinct cultural practices among groups who coexist in society.

**MATH100** Clock Hours 40 | Quarter Credits 4

### College Mathematics I

This course will cover mathematical logic, Boolean algebra, set theory, number abstractions, operations and their properties, monomials, polynomials, equations, and inequalities.

**PSYC100** Clock Hours 40 | Quarter Credits 4

### Introduction to Psychology\*

This course provides basic psychological concepts such as the nervous system, memory, intelligence and development along with Freudian, humanistic, social, cognitive, and trait theories.

**SOCY116** Clock Hours 40 | Quarter Credits 4

### Introduction to Sociology\*

This course questions basic sociological concepts, such as socialization and culture; social organizations; stability and change in societies; cooperation and conflict among human groups; and religious, political, economic, technical, and scientific institutions.

Sociological concepts and issues such as culture and subculture; development of the self; gender and age roles; social class and caste; groups, communities, collectives, and organizations; deviance; racism; human institutions: family, religion, education, government, economics; and population change in society are discussed.

**SPCH117** Clock Hours 40 | Quarter Credits 4

### Oral Communication\*

Evaluates the construction, delivery, and analysis of public speaking. Students present several speeches to the class. Communication theory, research, and best practices are discussed in relation to persuasion, ethos, pathos, logos, logical fallacies, audience analysis, language choice, nonverbal messages, culture and communication, visual aids, listening, supporting materials, organizational patterns, evaluating research, and speech delivery. Different types of speeches are studied, such as informative, persuasive, and special occasion. Students become critical consumers of communication.

\*Courses delivered fully online.

## Core ADN and Other Courses:

**ANAT111** Clock Hours 50 | Quarter Credits 4

### Human Anatomy

Includes a logical analysis of body tissues, organs, and organ systems. Stresses the microscopic, developmental and gross anatomy of mammals, with special emphasis on human anatomy. Major topics include cell structure and function, tissues, organization of the human body, and all body systems. The laboratory work includes study of the developmental, microscopic, and gross anatomy of preserved specimens and models.

**MICR112** Clock Hours 50 | Quarter Credits 4

### General Microbiology

Representative examples of bacteria, viruses, fungi, protozoa, and multicellular parasites are studied, with special concentration given to microorganisms that are significant to human health. Aspects of classification, metabolism, genetics, control mechanisms, chemotherapy, and antibiotic/resistance are considered. Topics covered include principles of infectious disease transmission, immunology, biotechnology, bioterrorism, and environmental remediation.

**NURS101** Clock Hours 10 | Quarter Credits 1

### Professional Communication & Role Transition Seminar\*

This course is designed and intended to help the student begin to master and apply the communication skills and role expectations they will need throughout their career in all areas of nursing practice.

**NURS102** Clock Hours 20 | Quarter Credits 2

### Professional Communication & Role Transition Advanced Seminar

This course will expand on, reinforce, and integrate content delivered in NURS101 Professional Communication and Role transition in Quarter One. NURS102 is intended to confirm that students have mastered their understanding of the role of the professional nurse and standards of competent performance including QSEN competencies. A comprehensive review will be included to help ensure student mastery of required nursing content and achievement of program outcomes.

**NURS112** Clock Hours 40 | Quarter Credits 4

### Fundamentals of Nursing

The purpose of this course is to understand the practical science of nursing as it applies to caring for patients through the continuum from illness to wellness using Dorothea Orem's Theory of Self-Care and the three important nursing systems: wholly compensatory, partial compensatory, and supportive-educative. The Nursing Process, legal and ethical considerations,

patient rights and privacy, growth and development as related to the patient's therapeutic self-care demands are introduced. This course also provides basic patient care skills and focuses on the essential principles and practices of safe, effective care in the multifaceted multicultural nursing field. Patient-centered, evidence-based care, safety, and basic documentation associated with providing patient care are integrated throughout the course.

**NURS112C** Clock Hours 120 | Quarter Credits 4

### Fundamentals of Nursing, Clinical

The purpose of this clinical course is to develop an understanding of the knowledge, skills, and attitude for the safe delivery of patient-centered care. Students will learn and practice basic skills including patient hygiene, linen change, patient nutrition and elimination, and self-care agency for the dependent patient. Students will practice assessment skills (head-to-toe assessment, vital signs, wound care, naso-gastric tube insertion, Foley catheter insertion, suctioning and tracheostomy care) in the skills and simulation lab. Students will spend time in the skills lab practicing skills learned in the theory portion of this corequisite class. Students will also spend time providing total patient care to one patient in the long-term care setting. Students will complete a modified care plan on each patient cared for and a comprehensive care plan on one patient during this clinical experience. This is a foundational course with subsequent courses building on these concepts.

**NURS113** Clock Hours 40 | Quarter Credits 4

### Beginning Medical/Surgical Nursing

The purpose of this course is to present the principles of nursing care utilizing the nursing process and concepts of Orem's Theory of Self-Care. The focus will be on the assessment of the adult (18 years-) and the geriatric adult (>65 years), identifying the patient's universal self-care requisites: air, water, food, elimination, activity, social interaction, safety, and normalcy in the adult and geriatric patient. The three models of nursing systems recognized by Orem's Nursing System Theory will be addressed: wholly compensatory, partial compensatory, and supportive-educative. Students will learn therapeutic, patient-centered, evidence-based nursing care related to health promotion/maintenance and treatment of common medical/surgical health deviations of endocrine (diabetes mellitus), cardiovascular (CAD, peripheral vascular disease, hypertension, stable angina, and basic EKG), respiratory (basic ABG, pneumonia, asthma, TB, and oxygen therapy), and musculoskeletal disorders (autoimmune disorders, soft tissue injuries, bone development, growth and disease, fractures, and amputation). Concepts also include medication administration and self-care during the perioperative period including pain management.

**NURS113C** Clock Hours 120 | Quarter Credits 4

### Beginning Medical/Surgical Nursing, Lab/Clinical

Using the nursing process, principles and concepts of Orem's Theory of Self-Care, critical thinking, and clinical reasoning, students will provide safe, patient-centered, evidence-based therapeutic care to 1-2 adult patients to include geriatric patients (65 years-) with common medical/surgical disorders in the acute care setting with moderate assistance. Nursing practice builds on previous concepts and clinical experiences.

**NURS114** Clock Hours 40 | Quarter Credits 4

### Maternal/Child Nursing

The purpose of this course is to present the principles of nursing care utilizing the nursing process and concepts of Orem's Theory of Self-Care. The focus will include assessment, identifying the patient's universal self-care requisites: air, water, food, elimination, activity, social interaction, safety, and normalcy in the maternal/child population. The three models of nursing systems recognized by Orem's Nursing System Theory will be addressed: wholly compensatory, partial compensatory, and supportive-educative. Students will gain theoretical knowledge using the nursing process for patient-centered, evidence-based nursing care of the woman during child-bearing years and her family, including the newborn. The focus will include the prenatal, antepartum, intrapartum, and postpartum period including care of the normal newborn. Complication of pregnancy and birth, and the high risk newborn will also be addressed. Growth and development of the pediatric patient as well as patient-centered, evidence-based nursing care of the child with health deviations related to cardiovascular, respiratory, sensorimotor, gastrointestinal, and genitourinary disorders, physical regulation, and sexuality will be presented. Content threaded throughout the course includes contemporary issues in the expanding family, cultural diversity, nutrition, pharmacology, patient advocacy, and physical, behavioral, and social aspects of human growth and development.

**NURS114C** Clock Hours 120 | Quarter Credits 4

### Maternal/Child Nursing, Lab/Clinical

In this combination Maternal/Child and Pediatric clinical experience the student will use the nursing process, principles and concepts of Orem's Theory of Self-Care, critical thinking, and clinical reasoning, to provide safe, patient-centered, evidence-based therapeutic care to 2 couplets in the maternity unit, 1 laboring patient, and 1-2 pediatric patients with common to complex conditions in the maternity and pediatric acute care setting with assistance. These patient assignments will span the course of this clinical rotation in inpatient and outpatient setting.

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**NURS115** Clock Hours 40 | Quarter Credits 4**Intermediate Medical/Surgical Nursing**

The purpose of this course is to present the principles of nursing care utilizing the nursing process and concepts of Orem's Theory of Self-Care. The focus will include assessment, identifying the client's universal self-care requisites: air, water, food, elimination, activity, social interaction, safety, and normalcy in the adult and geriatric patient. The three models of nursing systems recognized by Orem's Nursing System Theory will be addressed: wholly compensatory, partial compensatory, and supportive-educative. Students will gain theoretical knowledge using the nursing process for patient-centered, evidence-based nursing care of adult patients with acute conditions and health deviations related to endocrine (liver, gallbladder, and pancreas) hematology, oncology, and immunology, gastrointestinal (GERD, PUD, IBS, IBD, diverticulitis, appendicitis, and colon cancer), genitourinary disorders (urinary tract, kidneys, and male reproduction), and injuries sustained from burns. Content threaded throughout the course includes cultural diversity, nutrition, pharmacology, patient advocacy, and physical, behavioral, and social aspects of human development.

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**NURS115C** Clock Hours 120 | Quarter Credits 4**Intermediate Medical/Surgical Nursing, Lab/Clinical**

Using the nursing process, principles and concepts of Orem's Theory of Self-Care, critical thinking, and clinical reasoning, students will provide safe, patient-centered, evidence-based therapeutic care to 2-3 adult patients with common to complex medical/surgical conditions in the acute care setting with minimal assistance. Nursing practice builds on previous concepts and clinical experiences.

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**NURS116** Clock Hours 40 | Quarter Credits 4**Behavioral Health Nursing**

In the mental health population, guided by Orem's Theory of Self-Care, students will gain theoretical knowledge of adult, and geriatric patients specific to their developmental level with complex psychosocial self-care deficits and health deviations. The three models of nursing systems recognized by Orem's Nursing System Theory will be addressed: wholly compensatory, partial compensatory, and supportive-educative will be addressed. Content threaded throughout the course includes cultural diversity, nutrition, pharmacology, patient advocacy and physical, behavioral, and social aspects of the human development.

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**NURS116C** Clock Hours 120 | Quarter Credits 4**Behavioral Health Nursing, Lab/Clinical**

Using the nursing process, principles and concepts of Orem's Theory of Self-Care, critical thinking, and clinical reasoning, students will provide safe, patient-centered, evidence-based therapeutic care to 1 adult or geriatric patient in the acute psychiatric care setting.

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**NURS117** Clock Hours 40 | Quarter Credits 4**Advanced Medical/Surgical Nursing**

The purpose of this course is to present the principles of nursing care utilizing the nursing process and concepts of Orem's Theory of Self-Care. The focus will include assessment, identifying the client's universal self-care requisites: air, water, food, elimination, activity, social interaction, safety, and normalcy in the adult and geriatric patient. The three models of nursing systems recognized by Orem's Nursing System Theory will be addressed: wholly compensatory, partial compensatory, and supportive-educative. Students will gain theoretical knowledge using the nursing process for patient-centered, evidence-based nursing care of adult and geriatric patients with critical health deviations related to sensory (neurological disorders, spinal cord injuries, CVA, brain tumors, and cranial surgeries) and cardiorespiratory disorders (acid-base balance, ARDS, COPD, VAP, pulmonary hypertension, tension, hemo, and pneumothorax, pulmonary edema, chest trauma, thoracic surgical, dysrhythmias, AMI, ACS, CHF, valve disease, and aneurysms), maintenance of central venous catheters and blood transfusions. Content threaded throughout the course includes cultural diversity, nutrition, pharmacology, patient advocacy and physical, behavioral, and social aspects of human development.

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**NURS117C** Clock Hours 120 | Quarter Credits 4**Advanced Medical/Surgical Nursing, Lab/Clinical**

Using the nursing process, principles and concepts of Orem's Theory of Self-Care, critical thinking, and clinical reasoning, students will provide safe, patient-centered, evidence-based therapeutic care to 1-3 adult and geriatric patients with complex to critical medical/ surgical conditions in the acute and critical care setting. Students will also observe patients in the emergency room and cardiac catheterization lab.

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**NURS118** Clock Hours 40 | Quarter Credits 4**Advanced Medical/Surgical Nursing II/Leadership**

Concepts and principles of leadership and management in professional nursing is the focus of this capstone course. Concepts emphasized will include: legal and ethical issues, leadership styles, power, delegation, group work, conflict, conflict resolution, nursing administration skills, and strategies related to the professional nursing role and the evaluation of nursing care within the healthcare system.

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**NURS118C** Clock Hours 120 | Quarter Credits 4**Advanced Medical/Surgical Nursing II, Lab/Clinical**

Using the nursing process, principles and concepts of Orem's Theory of Self-Care, critical thinking, and clinical reasoning, students will provide safe, patient-centered, evidence-based therapeutic care to 3-4 adult and geriatric patients with complex to critical medical/surgical conditions in the acute and critical

care setting. Students will also accompany the Case Manager, Discharge Planner, and Resource Nurse to integrate leadership and management theory into this clinical course.

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**PHYS111** Clock Hours 50 | Quarter Credits 4**Human Physiology**

Provides an in-depth introduction to the physiology of the human body. Provides students an opportunity to study the functions and physiological mechanisms of several important organ systems from the molecular level to the body's gross entirety. Organ systems are studied with respect to their interactions under normal and abnormal conditions. Major topics include cell function, tissues, organization of the human body, and physiology of all body systems. Laboratory experiences reinforce concepts studied in lecture and introduce students to clinical techniques.

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**PHARM113** Clock Hours 40 | Quarter Credits 4**Pharmacology for Nursing**

This course provides an in-depth understanding of the different classifications of drugs, and their physiologic and chemical basis of operation within the human body. It also provides an understanding of the methods of delivery of drugs; proper administration of complex pharmacologic treatments; and the interactions different drugs may have with each other, foods, other therapies, and the environment.

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**PROGRAM TOTAL:** 1580 Clock Hours  
99 Quarter Credits

“ My cohort is one of the most resilient cohorts I’ve ever known. We endured a lot. We were successful. It was really tough, but I commend all of us for actually getting through it. ”

- SHAWN B., ADN '21

## Start Your **Change** Today



### Accreditation

ACC is institutionally accredited by the Accrediting Bureau of Health Education Schools (ABHES). ABHES: 6116 Executive Blvd., Suite 730, North Bethesda, MD 20852, (301) 291-7550 / www.abhes.org.

Student Outcome Information		
<b>Accrediting Bureau of Health Education Schools (ABHES)</b> Los Angeles, Ontario: <a href="https://americancareercollege.edu/legal/abhes">https://americancareercollege.edu/legal/abhes</a>		
<b>California Bureau for Private Postsecondary Education (BPPE)</b> Los Angeles: <a href="https://americancareercollege.edu/uploads/School-Performance-Fact-Sheets-Los-Angeles-Campus-1.pdf">https://americancareercollege.edu/uploads/School-Performance-Fact-Sheets-Los-Angeles-Campus-1.pdf</a> Ontario: <a href="https://americancareercollege.edu/uploads/School-Performance-Fact-Sheets-Ontario-Campus.pdf">https://americancareercollege.edu/uploads/School-Performance-Fact-Sheets-Ontario-Campus.pdf</a>		
Program Costs		
<a href="https://americancareercollege.edu/catalog/current/financial-information/program-tuition-and-fees/degree-programs-tuition">https://americancareercollege.edu/catalog/current/financial-information/program-tuition-and-fees/degree-programs-tuition</a>		
O*Net Occupation Titles	SOC Code	Links to Occupational Profiles on O*Net
Charge Nurse, Director of Nursing (DON), Emergency Department RN (Emergency Department Registered Nurse), Oncology RN (Oncology Registered Nurse), Operating Room Registered Nurse (OR RN), Public Health Nurse (PHN), Registered Nurse (RN), School Nurse, Staff Nurse, Staff RN (Staff Registered Nurse)	29-1141.00	<a href="http://www.onetonline.org/link/summary/29-1141.00">http://www.onetonline.org/link/summary/29-1141.00</a>
To obtain a list of the objective sources of information used to substantiate the salary disclosures please refer to the California Employment Development Department website at: <a href="https://www.labormarketinfo.edd.ca.gov/Occupational-Guides.html">https://www.labormarketinfo.edd.ca.gov/Occupational-Guides.html</a> . ACC provides career guidance and assistance but cannot guarantee employment. Programs lengths vary by schedule and session. The opinion is the individual's sole opinion and not necessarily representative of that of the school, any instructor or any other student.		

### Location

Los Angeles and Ontario campuses

### Duration

Approximately 20 months

### Schedule

Combination of on-campus and online instruction. Schedule will vary by quarter.

### Enrollment Requirements

Some of the admissions requirements include:

- » Must be at least 18 or have a parent's or guardian's signature
- » Must have a high school diploma or the equivalent
- » Must take and pass entrance exams

Be sure to speak with an admissions advisor to get all the necessary information to apply for the ADN program.

### Instructional Equipment

Here are some of the exciting tools you will get hands-on experience with: IV fluid, bandage scissors, tubing, hemostats, Foley catheter tray, syringes, stethoscope, suction equipment, bandages/dressings, gloves/gown, blood pressure cuff, cardiac monitor, and IV pump

**americancareercollege.edu**  
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