

# Prepare for a Professional Career with your **Associate Degree in Nursing**





**WE ALL DREAM OF SUCCESS. OUR GOAL IS TO HELP YOU ACHIEVE IT.**

## Meet American Career College

With over 45 years of experience in healthcare training and more than 70,000 graduates, ACC is here to help you make your goals a reality.

Our classes are modeled after real-life scenarios, using the same medical tools and equipment you'll use on the job. That way, you're prepared to jump in on your very first day. We provide education focused on real-world skills and knowledge, giving our students the opportunity to change their lives for the better.

### What is a Registered Nurse?

Often called the backbone of the healthcare industry, registered nurses (RNs) provide and coordinate patient care, playing an essential role in their treatment and recovery. RNs perform a variety of tasks, including evaluating patient needs, administering treatment and medications, and educating patients on health maintenance.<sup>1</sup>

Registered Nurses can work in hospitals, clinics, long-term care facilities, schools, community health centers, home health, public health agencies, and other healthcare or specialty settings.

### Program Overview

The goal of the ADN program is to teach students to use critical thinking, clinical reasoning, and the nursing process to deliver evidence-based, patient-centered care.

<sup>1</sup> <https://www.onetonline.org/link/summary/29-1141.00>

#### Associate Degree in Nursing Skillset



##### Run Diagnostic Tests

Practice measuring and recording patients vital signs.



##### Patient Care

Provide safe and compassionate care during an individual's most vulnerable time.



##### Manage Treatment Plans

Administer medicine and treatments to patients.



# Associate Degree in Nursing Program

The nursing program is divided into eight 10-week terms. Upon program completion, students will be eligible to sit for the National Council Licensure Examination for Registered Nurses (NCLEX-RN) to become a registered nurse.

## General Education Courses:

**\*Courses delivered fully online.**

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### **ENGL100**

Clock Hours **40** | Quarter Credits **4**

#### **Written Communications\***

This course provides instruction in the process of effective written communication for a variety of formats. It initially focuses on four basic areas of effective writing: unity, specifics, coherence, and grammar. The course will utilize reading, discussion and personal insight to increase students' capacity to write simple paragraphs, formal essays, reports, and research projects. Students will be equipped with techniques that facilitate creative, academic, and professional written communication. Additionally, students will be given library activities to enhance research skills.

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### **HUM118**

Clock Hours **40** | Quarter Credits **4**

#### **Cultural Pluralism\***

The course compares varied cultural traditions among groups of people in a given society who are interdependent and autonomous. Emphasis on shared socioeconomic and political systems in a society and an appreciation of the distinct cultural practices among groups who coexist in society.

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### **MATH100**

Clock Hours **40** | Quarter Credits **4**

#### **College Mathematics**

This course will cover mathematical logic, Boolean algebra, set theory, number abstractions, operations and their properties, monomials, polynomials, equations, and inequalities.

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### **PSYC100**

Clock Hours **40** | Quarter Credits **4**

#### **Introduction to Psychology\***

This course provides basic psychological concepts such as the nervous system, memory, intelligence and development as well as Freudian, humanistic, social, cognitive, and trait theories.

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### **SOCY116**

Clock Hours **40** | Quarter Credits **4**

#### **Introduction to Sociology\***

This course questions basic sociological concepts, such as socialization and culture; social organizations; stability and change in societies; cooperation and conflict among human groups; and religious, political, economic, technical, and scientific institutions. Sociological concepts and issues such as culture and subculture; development of the self; gender and age roles; social class and caste; groups, communities, collectives, and organizations; deviance; racism; human institutions: family, religion, education, government, economics; and population change in society are discussed.

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### **SPCH117**

Clock Hours **40** | Quarter Credits **4**

#### **Oral Communication\***

Students evaluate the construction and delivery of public speaking. Communication theory, research, and best practices are discussed in relation to informative, persuasive, and demonstrative speaking. Students present several speeches using technology in an online environment, showcasing their knowledge of informative and persuasive concepts, audience analysis, organizational patterns, verbal and nonverbal cues, visual aids, and word choice. Students practice the application of public speaking skills to future careers.

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### **ANAT111**

Clock Hours **50** | Quarter Credits **4**

#### **Human Anatomy**

Includes a logical analysis of body tissues, organs, and organ systems. Stresses the microscopic, developmental and gross anatomy of mammals, with special emphasis on human anatomy. Major topics include cell structure and function, tissues, organization of the human body, and all body systems. The laboratory work includes study of the developmental, microscopic, and gross anatomy of preserved specimens and models.

# ADN Nursing Courses and Sciences:

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## MICR112

Clock Hours **50** | Quarter Credits **4**

### General Microbiology

Representative examples of bacteria, viruses, fungi, protozoa, and multicellular parasites are studied, with special concentration given to microorganisms that are significant to human health. Aspects of classification, metabolism, genetics, control mechanisms, chemotherapy, and antibiotic/resistance are considered. Topics covered include principles of infectious disease transmission, immunology, biotechnology, bioterrorism, and environmental remediation.

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## NURS101

Clock Hours **10** | Quarter Credits **1**

### Professional Communication & Role Transition Seminar\*

This course develops essential communication skills and role expectations for nursing practice, focusing on effective interactions and interprofessional communication for safe client outcomes. Students will also learn to demonstrate accountability, modeling professional values and behaviors aligned with the state-specific Nurse Practice Act.

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## NURS102

Clock Hours **20** | Quarter Credits **2**

### Professional Communication & Role Transition Advanced Seminar

Integration into Nursing is a comprehensive course designed for students in the Associate Degree in Nursing (ADN) program. This course synthesizes and integrates knowledge acquired throughout the nursing program to prepare students for professional practice. Students will participate in assessments corresponding to each completed course in the ADN program, identifying individual strengths and areas for growth. A comprehensive review will ensure mastery of required nursing content and achievement of program outcomes, providing a strong foundation for their role transitions.

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## NURS112

Clock Hours **40** | Quarter Credits **4**

### Fundamentals of Nursing

This course introduces the foundational principles of nursing, emphasizing the nursing process and its application in caring for clients across the lifespan. It focuses on the development of basic nursing skills, health promotion, disease prevention, and understand the principles of clinical judgment and critical thinking.

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## NURS112C

Clock Hours **120** | Quarter Credits **4**

### Fundamentals of Nursing, Clinical

This course introduces foundational principles of nursing, emphasizing the nursing process in caring for clients across the lifespan. Students will practice basic nursing skills in clinical settings, focusing on health promotion, disease prevention, and the application of clinical judgment and critical thinking. The course is designed to develop students' abilities to provide safe, client-centered care, helping them understand and apply key concepts.

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## NURS113

Clock Hours **40** | Quarter Credits **4**

### Beginning Medical/Surgical Nursing

This course aims to present the principles of nursing through the nursing process, emphasizing medical-surgical nursing for adults with acute and chronic health problems. It focuses on maintaining or restoring health while enhancing clinical judgment and critical thinking.

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## NURS113C

Clock Hours **120** | Quarter Credits **4**

### Beginning Medical/Surgical Nursing, Lab/Clinical

This course introduces foundational principles of nursing, emphasizing the nursing process in caring for clients across the lifespan. Students will practice basic nursing skills in clinical settings, focusing on health promotion, disease prevention, and the application of clinical judgment and critical thinking. The course is designed to develop students' abilities to provide safe, client-centered care, helping them understand and apply key concepts.

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## NURS114

Clock Hours **40** | Quarter Credits **4**

### Maternal/Child Nursing

This course integrates QSEN competencies to provide comprehensive nursing care for women during the childbearing period and their newborns. The pediatric nursing component emphasizes growth and development, addressing the medical-surgical needs of children with health deviations from acute to complex, while promoting the restoration of health and well-being.

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## NURS114C

Clock Hours **120** | Quarter Credits **4**

### Maternal/Child Nursing, Lab/Clinical

In this course, students will apply the nursing process, principles, and concepts, along with critical thinking and reasoning, to provide safe, client-centered, evidence-based care to maternal clients, in addition to maternal and pediatric clients with complex conditions.

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## NURS115

Clock Hours **40** | Quarter Credits **4**

### Intermediate Medical/Surgical Nursing

This course aims to present the principles of nursing through the nursing process, emphasizing medical-surgical nursing for adults with complex acute health problems. It focuses on maintaining or restoring health while enhancing clinical judgment and critical thinking.

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## NURS115C

Clock Hours **120** | Quarter Credits **4**

### Intermediate Medical/Surgical Nursing, Lab/Clinical

In this course, students will utilize the nursing process, principles, and concepts, along with critical thinking and reasoning, to provide safe, client-centered, evidence-based therapeutic care to clients with common to complex medical-surgical conditions in an acute care setting with minimal assistance.

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## NURS116

Clock Hours **40** | Quarter Credits **4**

### Behavioral Health Nursing

In this course, students will gain theoretical knowledge focused on the developmental stages of adult, geriatric and adolescent clients with complex psychosocial deficits and mental health challenges. The course will focus on promoting mental wellness, managing acute and chronic episodes of mental health deviations, and supporting recovery in a variety of care settings.

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## NURS116C

Clock Hours **120** | Quarter Credits **4**

### Behavioral Health Nursing, Lab/Clinical

In this course, students will utilize the nursing process, principles, and concepts, along with critical thinking and clinical reasoning, to provide safe, client-centered, evidence-based therapeutic care to clients experiencing mental health deviations.

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## NURS117

Clock Hours **40** | Quarter Credits **4**

### Advanced Medical/Surgical Nursing

This course focuses on preparing students with the competency to understand and articulate the epidemiological and pathophysiological principles needed to identify health deviations and prioritize healthcare needs in clients with complex conditions. Students will incorporate QSEN competencies to identify interprofessional and nursing management practices and address the teaching needs of clients with multifactorial health deviations.

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## **NURS117C**

Clock Hours **120** | Quarter Credits **4**

### **Advanced Medical/Surgical Nursing, Lab/Clinical**

In this course the student will apply the nursing process and clinical judgment model to improve clinical judgment and reasoning, identifying health deviations, and prioritizing healthcare needs of clients. Utilizing a hands-on approach, this course prepares students to manage nursing care within the healthcare system. It integrates QSEN competencies to identify interprofessional and nursing management practices and addresses the educational needs of clients with multifactorial health deviations.

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## **NURS118**

Clock Hours **40** | Quarter Credits **4**

### **Advanced Medical/Surgical Nursing II/Leadership**

This course explores the core concepts and principles of leadership and management in professional nursing. Students will engage with critical topics such as standards of practice, ethical considerations, leadership styles, effective delegation, teamwork, and conflict management. Emphasis is placed on strategies to enhance the professional nursing role and identity. Additionally, students will learn to critically evaluate nursing care within the broader healthcare system, preparing them for leadership roles in diverse healthcare settings.

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## **NURS118C**

Clock Hours **120** | Quarter Credits **4**

### **Advanced Medical/Surgical Nursing II, Lab/Clinical**

The focus of this course will emphasize the application of leadership and management principles in professional nursing practice. Students will provide safe, client-centered, evidence-based care for adult clients with multiple health deviations in an acute care settings. Utilizing the nursing process and clinical judgement model, students will develop and refine their therapeutic care skills. The course also integrates leadership theory by involving students in collaborative experiences with registered nurses in a leadership role. This hands-on approach prepares students to assume leadership roles and effectively manage nursing care within the healthcare system.

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## **PHYS111**

Clock Hours **50** | Quarter Credits **4**

### **Human Physiology**

The course provides an in-depth introduction to the physiology of the human body and gives students an opportunity to study the functions and physiological mechanisms of several important organ systems from the molecular level to the body's gross entirety. Organ systems are studied with respect to their interactions under normal and abnormal conditions. Major topics include cell function, tissues, organization of the human body, and physiology of all body systems. Laboratory experiences reinforce concepts studied in lecture and introduce students to clinical techniques.

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## **PHARM113**

Clock Hours **40** | Quarter Credits **4**

### **Pharmacology for Nursing**

This course provides an in-depth understanding of the different classifications of drugs, and their physiologic and chemical basis of operation within the human body. It also provides an understanding of the methods of delivery of drugs; proper administration of complex pharmacologic treatments; and the interactions different drugs may have with each other, foods, other therapies, and the environment.

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**PROGRAM TOTAL:**

Clock Hours **1580**  
Quarter Credits **99**



“ ACC has provided me that opportunity and those experiences in order to grow myself... to become a registered nurse. ”

- ANDREW C., ADN '25

## Start Your Change Today

### Accreditation

ACC is institutionally accredited by the Accrediting Bureau of Health Education Schools (ABHES). ABHES: 6116 Executive Blvd., Suite 730, North Bethesda, MD 20852, (301) 291-7550 / [www.abhes.org](http://www.abhes.org).

Approval		
The Dallas–Fort Worth campus of ACC has submitted an application to the Texas Board of Nursing (TBON) for a new Associate Degree in Nursing program. <b>The application is currently pending Texas Board of Nursing (TBON) approval.</b>		
Program Costs		
<a href="https://americancareercollege.edu/catalog/current/financial-information/program-tuition-and-fees/degree-programs-tuition">https://americancareercollege.edu/catalog/current/financial-information/program-tuition-and-fees/degree-programs-tuition</a>		
O*Net Occupation Titles	SOC Code	Links to Occupational Profiles on O*Net
Charge Nurse, Director of Nursing (DON), Emergency Department RN (Emergency Department Registered Nurse), Oncology RN (Oncology Registered Nurse), Operating Room Registered Nurse (OR RN), Public Health Nurse (PHN), Registered Nurse (RN), School Nurse, Staff Nurse, Staff RN (Staff Registered Nurse)	29-1141.00	<a href="http://www.onetonline.org/link/summary/29-1141.00">http://www.onetonline.org/link/summary/29-1141.00</a>
To obtain a list of the objective sources of information used to substantiate the salary disclosures please refer to the U.S. Bureau of Labor Statistics website at: <a href="https://www.bls.gov/ooh/">https://www.bls.gov/ooh/</a> . ACC provides career guidance and assistance but cannot guarantee employment. Programs lengths vary by schedule and session. The opinion is the individual's sole opinion and not necessarily representative of that of the school, any instructor or any other student.		

### Location

[Richardson, TX](#)

### Duration

Approximately 20 months

### Schedule

Combination of on-campus and online instruction. Schedule will vary by term.

### Enrollment Requirements

Some admissions requirements include:

- > Must be at least 18 or have a parent's or guardian's signature
- > Must have a high school diploma or the equivalent
- > Must take and pass entrance exams

Be sure to speak with an admissions advisor to get all the necessary information to apply for the ADN program.

### Instructional Equipment

Here are some of the exciting tools you will get hands-on experience with: billing and coding references (CPT, ICD-10-CM, ICD-10-PCS, and HCPCS), medical office software, word processing software, medical claims software, textbook and e-text materials, and online course material.

### Curious to Learn More? Let's Connect

Discover how ACC's program helps set you on the path towards a rewarding career, [connect with an advisor](#) to learn more about the Associate Degree in Nursing program and explore financial aid options.

**AmericanCareerCollege.edu**

**1-888-thinkACC (844-6522)**

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