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ADN

TRAIN FOR A CAREER WITH AN



# Associate Degree in Nursing







➤ An Associate Degree in Nursing (ADN) student is required to complete a total of 99 quarter credits. Those credits include completion of general education, fundamentals of nursing, beginning, intermediate, and advanced medical/surgical nursing, obstetrics and pediatrics, behavioral health, geriatrics, and leadership with corequisite clinical practicums for each course. The program requires clinical rotations in both inpatient and outpatient care settings.

Selected courses in the ADN program will be delivered 100% online. In preparation for the online courses, students must participate in the following activities:

- Complete the online New Blended Student Tutorial, which includes exercises for students to test accessibility and become familiar with navigation in all areas of online courses.
- Meet the specific computer requirements with acceptable hardware and software configuration and internet access as noted under admissions requirements.

<b>LOCATION</b>	Los Angeles Campus
<b>DURATION</b>	Approximately <b>20 months</b>
<b>ENROLLMENT REQUIREMENTS</b>	<p><b>Each program has entrance requirements. Some of the admissions requirements include:</b></p> <ul style="list-style-type: none"> <li>• Must be at least 18 or have a parent or guardian's signature</li> <li>• All applicants will take an entrance exam before admission and must pass the Wonderlic SLE exam</li> <li>• Must score 75% or higher on HESI exam</li> <li>• Must have a high school diploma or the equivalent</li> </ul> <p>Be sure to consult with an Admissions Advisor to get all the information on admission into the ADN program.</p>
<b>EQUIPMENT LIST</b>	<p><b>Here are some of the exciting tools you will get hands-on experience with:</b> IV fluid, bandage scissors, tubing, hemostats, Foley catheter tray, syringes, stethoscope, suction equipment, bandages/dressings, gloves/gown, blood pressure cuff, cardiac monitor, and IV pump</p>

# Program Outline

## General Education Courses:

Course Number	Course Title	Clock Hours	Quarter Credits
ENGL100	Written Communications I*	40	4.0
HUM118	Cultural Pluralism*	40	4.0
MATH100	College Mathematics I	40	4.0
PSYC100	Introduction to Psychology*	40	4.0
SOCY116	Introduction to Sociology*	40	4.0
SPCH117	Oral Communication*	40	4.0
<b>Subtotal - General Education Courses</b>		<b>240</b>	<b>24.0</b>

## Core ADN and Other Courses:

ANAT111	Human Anatomy	50	4.0
MICR112	General Microbiology	50	4.0
NURS101	Professional Communication & Role Transition Seminar	10	1.0
NURS102	Professional Communication & Role Transition Advanced Seminar	20	2.0
NURS112	Fundamentals of Nursing	40	4.0
NURS112C	Fundamentals of Nursing, Clinical	120	4.0
NURS113	Beginning Medical/Surgical Nursing	40	4.0
NURS113C	Beginning Medical/Surgical Nursing, Lab/Clinical	120	4.0
NURS114	Maternal/Child Nursing	40	4.0
NURS114C	Maternal/Child Nursing, Lab/Clinical	120	4.0
NURS115	Intermediate Medical/Surgical Nursing	40	4.0
NURS115C	Intermediate Medical/Surgical Nursing, Lab/Clinical	120	4.0
NURS116	Behavioral Health Nursing	40	4.0
NURS116C	Behavioral Health Nursing, Lab/Clinical	120	4.0
NURS117	Advanced Medical/Surgical Nursing	40	4.0
NURS117C	Advanced Medical/Surgical Nursing, Lab/Clinical	120	4.0
NURS118	Advanced Medical/Surgical Nursing II/Leadership	40	4.0
NURS118C	Advanced Medical/Surgical Nursing II, Lab/Clinical	120	4.0
PHYS111	Human Physiology	50	4.0
PHARM113	Pharmacology for Nursing	40	4.0
<b>Subtotal - Core ADN and Other Courses</b>		<b>1340</b>	<b>75.0</b>
<b>Grand Total for All Required Courses</b>		<b>1580</b>	<b>99.0</b>

\*Courses delivered online only.

# Course Descriptions

The objective of this program is to provide students with the appropriate general education, didactic theory, and hands-on skills required to begin a career as a professional nurse.

The ADN program teaches students to use critical thinking, clinical reasoning and the nursing process to deliver evidence-based, patient-centered care for diverse patients in common and emerging healthcare settings. Using Dorothea Orem's Theory of Self-Care, students, in collaboration with interdisciplinary team members, assist patients through self-care deficits and health deviations. Students will learn to use informatics to communicate, access, monitor, and evaluate patient data.

The nursing program is divided into eight, 10-week quarters and is in a blended format with select courses delivered fully online. Graduates of this program may pursue entry-level positions as Registered Nurses in a variety of healthcare settings. Completion of the program is acknowledged by the awarding of an Associate of Science Degree in Nursing.

In the state of California, all applicants for RN licensure must qualify for and pass the National Council Licensure Examination for Registered Nurses (NCLEX-RN), which relates to the practice of registered nursing in California.

## GENERAL EDUCATION COURSES:

### ENGL100

#### Written Communications I\*

This course provides instruction in the process of effective written communication for a variety of formats. It initially focuses on four basic areas of effective writing: unity, specifics, coherence, and grammar. The course will utilize reading, discussion and personal insight to increase students' capacity to write simple paragraphs, formal essays, reports, and research projects. Students will be equipped with techniques that facilitate creative, academic, and professional written communication. Additionally, students will be given library activities to enhance research skills.

**Prerequisite:** None

### HUM118

#### Cultural Pluralism\*

Compares varied cultural traditions among groups of people in a given society who are interdependent and autonomous. Emphasis on shared socioeconomic and political systems in a society and an appreciation of the distinct cultural practices among groups who coexist in society.

**Prerequisite:** None

### MATH100

#### College Mathematics I

This course will cover mathematical logic, Boolean algebra, set theory, number abstractions, operations and their properties, monomials, polynomials, equations, and inequalities.

**Prerequisite:** None

### PSYC100

#### Introduction to Psychology\*

This course provides basic psychological concepts such as, the nervous system, memory, intelligence and development along with Freudian, humanistic, social, cognitive, and trait theories.

**Prerequisite:** None

### SOCY116

#### Introduction to Sociology\*

This course questions basic sociological concepts, such as socialization and culture; social organizations; stability and change in

societies; cooperation and conflict among human groups; and religious, political, economic, technical, and scientific institutions. Sociological concepts and issues such as culture and subculture; development of the self; gender and age roles; social class and caste; groups, communities, collectives, and organizations; deviance; racism; human institutions: family, religion, education, government, economics; and population change in society are discussed.

**Prerequisite:** None

### SPCH117

#### Oral Communication\*

Evaluates the construction, delivery, and analysis of public speaking. Students present several speeches to the class. Communication theory, research, and best practices are discussed in relation to persuasion, ethos, pathos, logos, logical fallacies, audience analysis, language choice, nonverbal messages, culture and communication, visual aids, listening, supporting materials, organizational patterns, evaluating research, and speech delivery. Different types of speeches are studied, such as informative, persuasive, and special occasion. Students become critical consumers of communication.

**Prerequisite:** None

## CORE ADN AND OTHER COURSES:

### ANAT111

#### Human Anatomy

Includes a logical analysis of body tissues, organs, and organ systems. Stresses the microscopic, developmental and gross anatomy of mammals, with special emphasis on human anatomy. Major topics include cell structure and function, tissues, organization of the human body, and all body systems. The laboratory work includes study of the developmental, microscopic, and gross anatomy of preserved specimens and models.

**Prerequisite:** None

### MICR112

#### General Microbiology

Representative examples of bacteria, viruses, fungi, protozoa, and multicellular parasites are studied, with special concentration given to

microorganisms that are significant to human health. Aspects of classification, metabolism, genetics, control mechanisms, chemotherapy, and antibiotic/resistance are considered. Topics covered include principles of infectious disease transmission, immunology, biotechnology, bioterrorism, and environmental remediation.

**Prerequisites:** ANAT111, PHYS111

### NURS101

#### Professional Communication & Role Transition Seminar

This course is designed and intended to help the student begin to master and apply the communication skills and role expectations they will need throughout their career in all areas of nursing practice.

**Prerequisite:** None

### NURS102

#### Professional Communication & Role Transition Advanced Seminar

This course will expand on, reinforce, and integrate content delivered in NURS101 Professional Communication and Role transition in Term One. NURS102 is intended to confirm that students have mastered their understanding of the role of the professional nurse and standards of competent performance including QSEN competencies. A comprehensive review will be included to help ensure student mastery of required nursing content and achievement of program outcomes.

### NURS112

#### Fundamentals of Nursing

The purpose of this course is to understand the practical science of nursing as it applies to caring for patients through the continuum from illness to wellness using Dorothea Orem's Theory of Self-Care and the three important nursing systems: wholly compensatory, partial compensatory, and supportive-educative. The Nursing Process, legal and ethical considerations, patient rights and privacy, growth and development as related to the patient's therapeutic self-care demands are introduced. This course also provides basic patient care skills and focuses on the essential principles and practices of safe, effective care in the multifaceted multicultural nursing field. Patient-centered, evidence-based care, safety, and basic documentation associated with



providing patient care are integrated throughout the course.

**Prerequisites:** ANAT111, PHYS111

**Corequisite:** NURS112C

## NURS112C

### Fundamentals of Nursing, Clinical

The purpose of this clinical course is to develop an understanding of the knowledge, skills, and attitude for the safe delivery of patient-centered care. Students will learn and practice basic skills including patient hygiene, linen change, patient nutrition and elimination, and self-care agency for the dependent patient. Students will practice assessment skills (head-to-toe assessment, vital signs, wound care, naso-gastric tube insertion, Foley catheter insertion, suctioning and tracheostomy care) in the skills and simulation lab. Students will spend time in the skills lab practicing skills learned in the theory portion of this corequisite class. Students will also spend time providing total patient care to one patient in the long-term care setting. Students will complete a modified care plan on each patient cared for and a comprehensive care plan on one patient during this clinical experience. This is a foundational course with subsequent courses building on these concepts.

**Prerequisites:** ANAT111, PHYS111

**Corequisites:** NURS112

## NURS113

### Beginning Medical/Surgical Nursing

The purpose of this course is to present the principles of nursing care utilizing the nursing process and concepts of Orem's Theory of Self-Care. The focus will be on the assessment of the adult (18 years+) and the geriatric adult (>65 years), identifying the patient's universal self-care requisites: air, water, food, elimination, activity, social interaction, safety, and normalcy in the adult and geriatric patient. The three models of nursing systems recognized by Orem's Nursing System Theory will be addressed: wholly compensatory, partial compensatory, and supportive-educative. Students will learn therapeutic, patient-centered, evidence-based nursing care related to health promotion/maintenance and treatment of common medical/surgical health deviations of endocrine (diabetes mellitus), cardiovascular (CAD, peripheral vascular disease, hypertension, stable angina, and basic EKG), respiratory (basic ABG, pneumonia, asthma, TB, and oxygen therapy), and musculoskeletal disorders (autoimmune disorders, soft tissue injuries, bone development, growth and disease, fractures, and amputation). Concepts also include medication administration and self-care during the perioperative period including pain management.

**Prerequisites:** MICR112, NURS112, NURS112C

**Corequisite:** NURS113C

## NURS113C

### Beginning Medical/Surgical Nursing, Lab/Clinical

Using the nursing process, principles and concepts of Orem's Theory of Self-Care, critical thinking, and clinical reasoning, students will provide safe, patient-centered, evidence-based therapeutic care to 1-2 adult patients to include geriatric patients (65 years+) with common medical/surgical disorders in the acute care setting with moderate assistance. Nursing practice builds on previous concepts and clinical experiences.

**Prerequisites:** MICR112, NURS112, NURS112C

**Corequisite:** NURS113

## NURS114

### Maternal/Child Nursing

The purpose of this course is to present the principles of nursing care utilizing the nursing process and concepts of Orem's Theory of Self-Care. The focus will include assessment, identifying the patient's universal self-care requisites: air, water, food, elimination, activity, social interaction, safety, and normalcy in the maternal/child population. The three models of nursing systems recognized by Orem's Nursing System Theory will be addressed: wholly compensatory, partial compensatory, and supportive-educative. Students will gain theoretical knowledge using the nursing process for patient-centered, evidence-based nursing care of the woman during child-bearing years and her family, including the newborn. The focus will include the prenatal, antepartum, intrapartum, and postpartum period including care of the normal newborn. Complication of pregnancy and birth, and the high risk newborn will also be addressed. Growth and development of the pediatric patient as well as patient-centered, evidence-based nursing care of the child with health deviations related to cardiovascular, respiratory, sensorimotor, gastrointestinal, and genitourinary disorders, physical regulation, and sexuality will be presented. Content threaded throughout the course includes contemporary issues in the expanding family, cultural diversity, nutrition, pharmacology, patient advocacy, and physical, behavioral, and social aspects of human growth and development.

**Prerequisites:** NURS115, NURS115C

**Corequisite:** NURS114C

## NURS114C

### Maternal/Child Nursing, Lab/Clinical

In this combination Maternal/Child and Pediatric clinical experience the student will use the nursing process, principles and concepts of Orem's Theory of Self-Care, critical thinking, and clinical reasoning, to provide safe, patient-centered, evidence-based therapeutic care to 2 couplets in the maternity unit, 1 laboring patient, and 1-2 pediatric patients with common to complex conditions in the maternity and pediatric acute care setting with assistance. These patient assignments will span the course of this clinical rotation in inpatient and outpatient setting.

**Prerequisites:** NURS115, NURS115C

**Corequisite:** NURS114

## NURS115

### Intermediate Medical/Surgical Nursing

The purpose of this course is to present the principles of nursing care utilizing the nursing process and concepts of Orem's Theory of Self-Care. The focus will include assessment, identifying the client's universal self-care requisites: air, water, food, elimination, activity, social interaction, safety, and normalcy in the adult and geriatric patient. The three models of nursing systems recognized by Orem's Nursing System Theory will be addressed: wholly compensatory, partial compensatory, and supportive-educative. Students will gain theoretical knowledge using the nursing process for patient-centered, evidence-based nursing care of adult patients with acute conditions and health deviations related to endocrine (liver, gallbladder, and pancreas) hematology, oncology, and immunology, gastrointestinal (GERD, PUD, IBS, IBD, diverticulitis, appendicitis, and colon cancer), genitourinary disorders (urinary tract,

kidneys, and male reproduction), and injuries sustained from burns. Content threaded throughout the course includes cultural diversity, nutrition, pharmacology, patient advocacy, and physical, behavioral, and social aspects of human development.

**Prerequisites:** NURS116, NURS116C

**Corequisite:** NURS115C

## NURS115C

### Intermediate Medical/Surgical Nursing, Lab/Clinical

Using the nursing process, principles and concepts of Orem's Theory of Self-Care, critical thinking, and clinical reasoning, students will provide safe, patient-centered, evidence-based therapeutic care to 2-3 adult patients with common to complex medical/surgical conditions in the acute care setting with minimal assistance. Nursing practice builds on previous concepts and clinical experiences.

**Prerequisites:** NURS116, NURS116C

**Corequisite:** NURS115

## NURS116

### Behavioral Health Nursing

In the mental health population, guided by Orem's Theory of Self-Care, students will gain theoretical knowledge of adult, and geriatric patients specific to their developmental level with complex psychosocial self-care deficits and health deviations. The three models of nursing systems recognized by Orem's Nursing System Theory will be addressed: wholly compensatory, partial compensatory, and supportive-educative will be addressed. Content threaded throughout the course includes cultural diversity, nutrition, pharmacology, patient advocacy and physical, behavioral, and social aspects of the human development.

**Prerequisites:** NURS113, NURS113C

**Corequisite:** NURS116C

Continued on  
next page...

\*Courses delivered online only.





## Course Descriptions (cont.)

### **NURS116C**

#### **Behavioral Health Nursing, Lab/Clinical**

Using the nursing process, principles and concepts of Orem's Theory of Self-Care, critical thinking, and clinical reasoning, students will provide safe, patient-centered, evidence-based therapeutic care to 1 adult or geriatric patient in the acute psychiatric care setting.

**Prerequisites:** NURS113, NURS113C

**Corequisite:** NURS116

### **NURS117**

#### **Advanced Medical/Surgical Nursing**

The purpose of this course is to present the principles of nursing care utilizing the nursing process and concepts of Orem's Theory of Self-Care. The focus will include assessment, identifying the client's universal self-care requisites: air, water, food, elimination, activity, social interaction, safety, and normalcy in the adult and geriatric patient. The three models of nursing systems recognized by Orem's Nursing System Theory will be addressed: wholly compensatory, partial compensatory, and supportive-educative. Students will gain theoretical knowledge using the nursing process for patient-centered, evidence-based nursing care of adult and geriatric patients with critical health deviations related to sensory (neurological disorders, spinal cord injuries, CVA, brain tumors, and cranial surgeries) and cardiorespiratory disorders (acid-base balance, ARDS, COPD, VAP, pulmonary hypertension, tension, hemo, and pneumothorax, pulmonary edema, chest trauma, thoracic surgical, dysrhythmias, AMI, ACS, CHF, valve disease, and aneurysms), maintenance of central venous catheters and blood transfusions. Content threaded throughout the course includes cultural diversity, nutrition, pharmacology, patient advocacy and physical, behavioral, and social aspects of human development.

**Prerequisites:** NURS114, NURS114C

**Corequisite:** NURS117C

### **NURS117C**

#### **Advanced Medical/Surgical Nursing, Lab/Clinical**

Using the nursing process, principles and concepts of Orem's Theory of Self-Care, critical thinking, and clinical reasoning, students will provide safe, patient-centered, evidence-based therapeutic care to 1-3 adult and geriatric patients with complex to critical medical/surgical conditions in the acute and critical care setting. Students will also observe patients in the emergency room and cardiac catheterization lab.

**Prerequisites:** NURS114, NURS114C

**Corequisite:** NURS117

### **NURS118**

#### **Advanced Medical/Surgical Nursing II/Leadership**

Concepts and principles of leadership and management in professional nursing is the focus of this capstone course. Concepts emphasized will include: legal and ethical issues, leadership styles, power, delegation, group work, conflict, conflict resolution, nursing administration skills, and strategies related to the professional nursing role and the evaluation of nursing care within the healthcare system.

**Prerequisites:** NURS117, NURS117C

**Corequisite:** NURS118C

### **NURS118C**

#### **Advanced Medical/Surgical Nursing II, Lab/Clinical**

Using the nursing process, principles and concepts of Orem's Theory of Self-Care, critical thinking, and clinical reasoning, students will provide safe, patient-centered, evidence-based therapeutic care to 3-4 adult and geriatric patients with complex to critical medical/surgical conditions in the acute and critical care setting. Students will also accompany the Case Manager, Discharge Planner, and Resource Nurse to integrate leadership and management theory into this clinical course.

**Prerequisites:** NURS117, NURS117C

**Corequisite:** NURS118

### **PHYS111**

#### **Human Physiology**

Provides an in-depth introduction to the physiology of the human body. Provides students an opportunity to study the functions and physiological mechanisms of several important organ systems from the molecular level to the body's gross entirety. Organ systems are studied with respect to their interactions under normal and abnormal conditions. Major topics include cell function, tissues, organization of the human body, and physiology of all body systems. Laboratory experiences reinforce concepts studied in lecture and introduce students to clinical techniques.

**Prerequisite:** None

### **PHARM113**

#### **Pharmacology for Nursing**

This course provides an in-depth understanding of the different classifications of drugs, and their physiologic and chemical basis of operation within the human body. It also provides an understanding of the methods of delivery of drugs; proper administration of complex pharmacologic treatments; and the interactions different drugs may have with each other, foods, other therapies, and the environment.

**Prerequisite:** None

\*Courses delivered online only.



“

I wanted to have an impact on people's lives. I wanted to be able to make them feel better or help them in their time of need...I'm a nurse, and I am very thankful to have found this program.\*

”

Crystal B.  
ADN Graduate



\*The opinion is the individual's sole opinion and not necessarily representative of that of the school, any instructor, or any student.

# Associate Degree in Nursing

## Accreditation

ACC is institutionally accredited by the **Accrediting Bureau of Health Education Schools (ABHES)**.

ABHES: 7777 Leesburg Pike, Suite 314N, Falls Church, VA 22043 / Phone (703) 917-9503 / Fax (703) 917-4109 / [www.abhes.org](http://www.abhes.org)

The Associate Degree in Nursing program is approved by the **California Board of Registered Nursing (BRN)**. BRN: 1747 North Market Boulevard, Suite 150, Sacramento, CA 95834 / Phone (916) 322-3350 / Fax (916) 574-7697 / <http://www.rn.ca.gov/>

Campus Location		Los Angeles
<b>ACCREDITING BUREAU OF HEALTH EDUCATION SCHOOLS (ABHES)</b>		
Retention Rates		
Based on the calculation required by ACC's accrediting body, ABHES. ABHES defines retention rate as the number of graduates plus students who enrolled as of June 30, 2019 divided by the number of students who were in school from July 1, 2017 to June 30, 2018 and were still enrolled as of July 1, 2018 plus new starts during the reporting period and students who reentered between July 1, 2018 and June 30, 2019.		96%
Placement Rates		
Based on the calculation required by ACC's accrediting body, ABHES. ABHES defines placement rates as the number of graduates who complete the program during the reporting period (July 1, 2018-June 30, 2019) who are graduates who were available for employment and found a job in their field of training.		91%
<b>CALIFORNIA BUREAU FOR PRIVATE POSTSECONDARY EDUCATION (BPPE)</b>		
On-time Completion Rates		
The number of students who completed the program within 100% of the published program length within 2018 divided by the number of students who began the program who were scheduled to complete the program within 100% of the published program length within 2018 and excludes all students who canceled during the cancellation period, minus the number of students who have died, been incarcerated, or been called to active military duty.		72%
Placement Rates		
The number of 2018 graduates gainfully employed in the field divided by the number of graduates available for employment. Graduates employed in the field means graduates who beginning within six months after a student completes the applicable educational program are gainfully employed, whose employment has been reported, and for whom the institution has documented verification of 35 days employment. For occupations for which the state requires passing an examination, the six months' period begins after the announcement of the examination results for the first examination available after a student completes an applicable educational program.		63%
Program Costs		
Includes tuition and fees for the entire program, and assumes normal completion. Tuition and Fees are subject to change.		\$74,225
Licensure Passage Rate		
The number of graduates who passed the exam divided by the number of graduates who took the reported licensing exam.		95.08%
O*Net Occupation Titles	SOC Code	Links to Occupational Profiles on O*Net
Charge Nurse, Director of Nursing (DON), Emergency Department RN (Emergency Department Registered Nurse), Oncology RN (Oncology Registered Nurse), Operating Room Registered Nurse (OR RN), Public Health Nurse (PHN), Registered Nurse (RN), School Nurse, Staff Nurse, Staff RN (Staff Registered Nurse)	29-1141.00	<a href="http://www.onetonline.org/link/summary/29-1141.00">http://www.onetonline.org/link/summary/29-1141.00</a>
To obtain a list of the objective sources of information used to substantiate the salary disclosures; please refer to the California Employment Development Department website at: <a href="http://www.labormarketinfo.edd.ca.gov/occguides/Search.asp">http://www.labormarketinfo.edd.ca.gov/occguides/Search.asp</a> . ACC cannot guarantee employment. Programs lengths vary by schedule and session.		

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