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VN

Train For A Career In

# Vocational Nursing

DIPLOMA PROGRAM



We all dream of **success**.  
Our goal is to help you achieve it.



## Meet American Career College

With over 40 years of experience in healthcare training and more than 50,000 alumni in California, ACC is here to help you make your goals a reality.

Our classes are modeled after real-life scenarios, using the same medical tools and equipment you'll use on the job. That way, you're prepared to jump in on your very first day. We provide education focused on real-world skills and knowledge, giving our students the opportunity to change their lives for the better.

### What is Vocational Nursing?

Vocational nurses are an integral part of nursing teams. They can perform a variety of tasks to help patients feel comfortable and get better, including performing basic assessments, documenting changes in a patient's condition, measuring vital signs, and administering medication.<sup>1</sup>

Vocational nurses work in a range of facilities, including nursing care facilities, home health facilities, outpatient care centers, hospitals, and community care facilities for the elderly.<sup>1</sup>

### Program Overview

The Vocational Nursing program is designed to help prepare students for their licensure and for entry-level Licensed Vocational Nurse (LVN) positions.

**Evening and Weekend option available!** Take classes in the evenings and complete labs on weekends.

#### Vocational Nursing Skillset



Monitor Blood Pressure



Measure Heart Rate



Patient Care



Data Collection



License Prep

<sup>1</sup> <https://www.labormarketinfo.edd.ca.gov/OccGuides/Detail.aspx?Soccode=292061&Geography=0601000037>





# Vocational Nursing Program

The program is divided into four terms approximately 13 weeks in length (20 weeks for the evenings and weekend option). Each term is comprised of prescribed units of study that build upon each other.

## Term 1

### **VOCN050** Clock Hours 30 | Quarter Credits 3

#### **Vocational Nursing Student Readiness**

The Vocational Nurse Student Readiness course is designed to help students prepare and transition into the role of a Vocational Nursing Student. It is designed to assist incoming students to better understand and prepare for the goals and expectations of the Vocational Nursing program. During this course students will be given an in-depth program orientation, collaborate with fellow classmates through GRIT and True Colors Training which focus on perseverance and personality styles. Additional content areas include an overview and application of learning styles as well as a review and application of technologies used in the Vocational Nursing Program.

### **VOCN060** Clock Hours 30 | Quarter Credits 3

#### **VOCN Vocational Nursing Student Success**

This course is designed to provide and promote the development of essential skills for academic success in the Vocational Nursing Program. Students will explore and learn strategies that foster success such as study skills, time management, test taking strategies and methods to develop critical thinking. Additional content will include medical terminology, basic math skills, and professionalism in the academic and clinical environments.

### **ANA100** Clock Hours 30 | Quarter Credits 3

#### **Introduction to Human Anatomy & Physiology**

Human Anatomy & Physiology provides students with an introduction of anatomical structures and physiological processes in the human body systems. Students explore the impact of dysfunction disorders on each body system in selected disease states. Students study appropriate medical terminology as it relates to each body system.

### **VOCN100** Clock Hours 82 | Quarter Credits 8

#### **Fundamentals of Nursing**

Fundamentals of Nursing introduces students to the nursing concepts related to providing basic care to clients and their families. Principles of data collection as a part of the client assessment are emphasized. Students focus on the use of the nursing process to provide care for clients with basic health alterations. Students describe how to use appropriate terminology to document care provided. The course emphasizes methods of ensuring the safety of clients while intervening to meet needs related to rest and sleep, pain and comfort, mobility, nutrition, elimination, hygiene, and care of the clients' environment. Clients' psychosocial, cultural, and spiritual needs, as well as ethical and legal implications, are integrated into the plan of care. Principles of drug administration, including dosage calculation and administration of solutions are introduced. Students also study the nursing responsibilities used during the admission, transfer and discharge of clients. First aid principles are discussed.

### **VOCN100-L** Clock Hours 120 | Quarter Credits 6

#### **Fundamentals of Nursing Lab**

Fundamentals of Nursing Lab emphasizes the development of nursing care skills associated with the care of clients with basic health alterations in the laboratory setting. Students will demonstrate beginning level competence in selected skills.

### **VOCN100C** Clock Hours 60 | Quarter Credits 2

#### **Fundamentals of Nursing Clinical**

Fundamentals of Nursing Clinical provides the opportunity for students to safely care for clients with basic healthcare needs. Students use the nursing process to provide and evaluate nursing care for clients and their families. Students demonstrate critical thinking skills in selected client situations. Students implement clinical skills learned in VOCN100 Lab as the opportunity arises. Students use therapeutic communication skills when caring for clients and working with members of the healthcare team to deliver care.

### **VOCN110** Clock Hours 30 | Quarter Credits 3

#### **Nutrition**

This course provides an introduction to the basic principle of nutrition as it relates to health promotion, disease prevention, and nutritional support throughout the life cycle. Weight management and physical fitness are also considered. Students explore current nutritional therapy, the interactions between nutrition and medications, and the role of nutrition in the treatment of selected diseases.

## Term 2

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### **VOCN200** Clock Hours 60 | Quarter Credits 6 **Medical-Surgical Nursing I**

Medical-Surgical Nursing I introduces students to the care of clients moving through various life stages, with alterations of health, commonly seen in clients with alterations in the integumentary, musculoskeletal, gastrointestinal, and respiratory systems. This course also studies the various stages of care for the surgical client. The course addresses the physical and psychosocial care needs of clients and/or their significant others, such as commonly seen treatments, strategies to reduce risk, and health teaching. Students increase their ability to use clinical reasoning and the nursing process to provide safe, effective care for clients with these conditions. Students will demonstrate beginning level competencies in the monitoring of intravenous therapy.

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### **VOCN200C** Clock Hours 210 | Quarter Credits 7 **Medical-Surgical Nursing I Clinical**

Medical-Surgical Nursing I Clinical provides students the opportunity to care for clients with alterations of health, including surgical clients and those with alterations in the integumentary, musculoskeletal, and gastrointestinal systems. Students will be expected to participate in the development, implementation, and evaluation of a plan of care for these clients, implementing appropriate nursing interventions and documenting the care provided in a variety of healthcare settings.

## Term 3

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### **VOCN300** Clock Hours 90 | Quarter Credits 9 **Medical-Surgical Nursing II**

Medical-Surgical Nursing II continues to support the development of students' ability to provide nursing care for clients with alterations of health including cardiac, respiratory, blood and lymphatics, endocrine, and urinary systems including fluids and electrolytes. The course addresses the physical, cultural, spiritual, and psychosocial care needs of the clients and/or their significant others, appropriate treatments, risk-reduction strategies, and the need for health teaching. Students will continue to increase their ability to use clinical reasoning and the nursing process to provide safe, effective care for clients. Students will also describe the facilitation of care of clients in various healthcare settings.

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### **VOCN300C** Clock Hours 210 | Quarter Credits 7 **Medical-Surgical Nursing II Clinical**

Medical-Surgical Nursing II Clinical provides students with opportunities to care for clients with alterations of health including cardiac, respiratory, blood and lymphatics, and endocrine, and urinary systems including fluids and electrolytes in a variety of clinical situations. Students will be expected to participate in

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### **VOCN210** Clock Hours 10 | Quarter Credits 1 **Geriatrics**

Geriatrics provides the student with the opportunity to care for older adults in a variety of care settings. The course addresses the physical and psychosocial care needed by the older adult clients and/or their significant others. Students study appropriate treatments and nursing care typically offered, strategies to promote health or reduce risks, and the need for health teaching. Emphasis is placed upon care surrounding the process of dying and following death. Students continue to increase their ability to use clinical reasoning and the nursing process in a variety of care delivery settings. Students explore health policies that support or hinder providing healthcare to older adults.

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### **VOCN210C** Clock Hours 30 | Quarter Credits 1 **Geriatrics Clinical**

Geriatrics Clinical provides the student the opportunity to care for the older adult in hospitals, long-term care, home care, and while involved in community activities. Students have the opportunity to integrate special needs of the older adult related to physical and psychosocial changes of aging into nursing care and consider strategies to promote health and reduce the potential of risk, particularly related to medication administration in this population. Students will also provide palliative and end-of-life care while supporting the client and their support system. Students will also explore the impact of care delivery in the long-term care and rehabilitation facilities.

the development, implementation, and evaluation of care for these clients, implementing appropriate nursing interventions and documenting the care provided in a variety of healthcare settings.

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### **VOCN310** Clock Hours 15 | Quarter Credits 1.5 **Mental Health**

Mental Health Psychiatric Nursing Care provides the student the opportunity to study the care for clients with mental health and addiction issues in a variety of care settings. The course addresses the physical and psychosocial care needed by clients and/or their significant others. This care also includes nursing care typically offered, strategies to promote health or reduce risks, and health teaching. Students will continue to increase their ability to use clinical reasoning and the nursing process in a variety of care delivery settings, including community support offerings and will explore health policies that support or hinder providing healthcare to those with mental health issues.

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### **PSYCH1** Clock Hours 30 | Quarter Credits 3 **Psychology**

This course is an introduction to general psychology. Students will learn human behavior and mental processes with emphasis on basic theory and research generated by the scientific method. Major topics include: psychobiology, learning, human cognition, personality, lifespan development, psychological disorders, therapeutic approaches, and social psychology. The purpose of this course is to teach the concepts and facts of psychology. It is also the purpose of this course to introduce students to the science of learning and memory that can increase the amount of information learned and retained.

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### **PHARM1** Clock Hours 30 | Quarter Credits 3 **Pharmacology I**

Pharmacology I introduces students to the principles of pharmacology, the legal aspects of medication administration and the role of the VN in administration of medications as part of the nursing process. Principles of client teaching required to support safe and effective medication administration are considered. Students identify medications often used in the care of clients with alterations of health related to the integumentary, musculoskeletal, and gastrointestinal systems.

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### **VOCN310C** Clock Hours 45 | Quarter Credits 1.5 **Mental Health Clinical**

Mental Health Clinical provides the student opportunities to apply the knowledge, skills, and attitudes presented in mental healthcare settings. Students participate in clinical experiences to care for clients with alterations in mental health applying the knowledge, skills and attitudes. Students provide nursing care to clients with mental health related problems, participating in appropriate treatments and nursing care typically offered, strategies to promote health or reduce risks, and provide health teaching. Students also integrate appropriate nursing care to address clients' psychosocial issues who also have medical-surgical diagnosis as a primary diagnosis. Students continue to increase their ability to use clinical reasoning and the nursing process in a variety of healthcare settings.

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### **PHARM2** Clock Hours 30 | Quarter Credits 3 **Pharmacology II**

Pharmacology II continues the study of the medication's actions and adverse reactions as they are related the nursing care of clients with alterations in urinary, sensory, cardiac, respiratory, blood and lymphatics,

endocrine, reproductive, and neurological systems in a variety of clinical situations. Students will continue to consider safety, legal, and ethical aspects and client educational needs when administering medications emphasized in this course.

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**GD300** Clock Hours 30 | Quarter Credits 3  
**Growth and Development**

This course is an introduction to lifespan development that will focus on physical, cognitive, social, and personality development. It will cover the entire range of human existence from its beginnings at conception to its inevitable ending at death. The course will cover basic theories and concepts about the lifespan, chronologically encompassing the prenatal period, infancy and toddlerhood, the preschool years, childhood, adolescence, early, middle, and late adulthood. The purpose of this course is to teach the concepts and facts of growth and development across the lifespan. It is also the purpose of this course to integrate theory, research, and applications, focusing on human development and to allow students to understand how people come to be the way they are.

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## Term 4

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**VOCN400** Clock Hours 94 | Quarter Credits 9  
**Medical-Surgical Nursing III**

Medical-Surgical Nursing III supports the continued development of students' ability to care for clients with acute alterations of health, including immunology, oncology, sensory, reproductive, and neurological systems. The course addresses the physical, cultural, spiritual and psychosocial nursing care needed by these clients and/or their significant others, appropriate treatment with nursing care that may be employed, strategies to reduce health risks, and their need for health teaching. Students continue to increase their ability to use clinical reasoning and the nursing process in acute clinical situations to provide safe, effective care for clients. Students will also explore care of clients in various healthcare settings.

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**VOCN400C** Clock Hours 220 | Quarter Credits 7  
**Medical-Surgical Nursing III Clinical**

Medical-Surgical Nursing III Clinical provides students an opportunity to care for clients with alterations of health including immunology, oncology, sensory, reproductive and neurological systems. Students are expected to use clinical reasoning to participate in the development, implementation, and evaluation of care for these clients, implementing appropriate nursing interventions and documenting the care provided in a variety of healthcare settings.

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**VOCN410** Clock Hours 30 | Quarter Credits 3  
**Maternal Child Nursing**

Maternal Child Nursing prepares students to safely care for mothers throughout the stages of pregnancy, labor and delivery, as well as the newborn. Students are also assigned to care for pediatric patients of various ages



and in a variety of clinical settings. Students will use the nursing process and clinical judgment to participate in the planning, delivery, and evaluation of care to mothers, children, and their significant others. The care will focus on health promotion and reduction of risks to mothers and children. Students will use knowledge and skills learned in previous classes, related medication administration, and data collection for a focused assessment, communication, and health teaching.

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**VOCN410-L** Clock Hours 32 | Quarter Credits 1.5  
**Maternal Child Nursing Skills Lab**

Maternal Child Nursing Skills Lab provides students the opportunity to care for families throughout the stages of pregnancy, labor and delivery, and care of the newborn. Students care for pediatric clients of various ages and in a variety of clinical settings. Students use the nursing process and clinical judgment to meet the health promotion and illness needs of these clients.

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**VOCN410C** Clock Hours 28 | Quarter Credits .5  
**Maternal Child Nursing Clinical**

Maternal Child Nursing Clinical provides students the opportunity to care for families throughout the stages of pregnancy, labor and delivery, and care of the newborn. Students care for pediatric clients of various ages and in a variety of clinical settings. Students use the nursing process and clinical judgment to meet the health promotion and illness needs of these clients.

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**VOCN420A** Clock Hours 30 | Quarter Credits 3  
**Concept Mastery I**

Concept Mastery I course provides students with the opportunity to synthesize the knowledge, skills, and attitudes appropriate for functioning as a VN. The course is designed to assess cognitive, affective and psychomotor learning and to do so in a student-centered and student-directed manner, which requires the command, analysis and synthesis of knowledge and skills. Students complete the three-day ATI Live Review and address objectives appropriate for Vocational Nursing following the National Council of State Boards of Nursing blueprint to prepare students' for the NCLEX-PN Licensing Examination (<https://www.ncsbn.org/nclex.page>).

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**VOCN420B** Clock Hours 24 | Quarter Credits 2  
**Concept Mastery II**

Concept Mastery II course provides students with the opportunity to synthesize the knowledge, skills, and attitudes appropriate for functioning as a VN. The course is designed to assess cognitive, affective and psychomotor learning and to do so in a student-centered and student-directed manner, which requires the command, analysis and synthesis of knowledge and skills. The course addresses objectives appropriate for Vocational Nursing following the National Council of State Boards of Nursing blueprint to prepare students' for the NCLEX-PN Licensing Examination (<https://www.ncsbn.org/nclex.page>).

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**PROGRAM TOTAL:** **1630** Clock Hours  
**100** Quarter Credits



“ I choose ACC because of what they offered. The wonderful simulation lab and the program just seemed to fit what I needed. I didn't have to go anywhere else. It was a good choice. ”

- ODRA M. 2016

Start Your **Change** Today



## Accreditation

ACC is institutionally accredited by the Accrediting Bureau of Health Education Schools (ABHES). ABHES: 6116 Executive Blvd., Suite 730, North Bethesda, MD 20852, (301) 291-7550 / [www.abhes.org](http://www.abhes.org).

In addition, our Vocational Nursing program is approved by the California Board of Vocational Nursing and Psychiatric Technicians (BVNPT) 2535 Capitol Oaks Dr. #205, Sacramento, CA 95833 Phone (916) 263-7800 / Fax (916) 263-7866 / [www.bvnpt.ca.gov](http://www.bvnpt.ca.gov)

Student Outcome Information		
<b>Accrediting Bureau of Health Education Schools (ABHES)</b> <b>Los Angeles, Orange County, Ontario:</b> <a href="https://americancareercollege.edu/legal/abhes">https://americancareercollege.edu/legal/abhes</a> <b>California Bureau for Private Postsecondary Education (BPPE)</b> <b>Los Angeles:</b> <a href="https://americancareercollege.edu/uploads/School-Performance-Fact-Sheets-Los-Angeles-Campus-1.pdf">https://americancareercollege.edu/uploads/School-Performance-Fact-Sheets-Los-Angeles-Campus-1.pdf</a> <b>Orange County:</b> <a href="https://americancareercollege.edu/uploads/School-Performance-Fact-Sheets-Orange-County-Campus.pdf">https://americancareercollege.edu/uploads/School-Performance-Fact-Sheets-Orange-County-Campus.pdf</a> <b>Ontario:</b> <a href="https://americancareercollege.edu/uploads/School-Performance-Fact-Sheets-Ontario-Campus.pdf">https://americancareercollege.edu/uploads/School-Performance-Fact-Sheets-Ontario-Campus.pdf</a>		
For Program Costs		
<a href="https://americancareercollege.edu/catalog/current/financial-information/program-tuition-and-fees/diploma-programs-tuition">https://americancareercollege.edu/catalog/current/financial-information/program-tuition-and-fees/diploma-programs-tuition</a>		
O*Net Occupation Titles	SOC Code	Links to Occupational Profiles on O*Net
Licensed Practical and Licensed Vocational Nurses: Licensed Practical Nurse (LPN), Charge Nurse, Licensed Vocational Nurse (LVN), Clinic Licensed Practical Nurse (CLINIC LPN), Pediatric Licensed Practical Nurse (PEDIATRIC LPN), Clinic Nurse, Office Nurse, Private Duty Nurse, Triage Licensed Practical Nurse (TRIAGE LPN)	29-2061.00	<a href="http://www.onetonline.org/link/summary/29-2061.00">http://www.onetonline.org/link/summary/29-2061.00</a>
To obtain a list of the objective sources of information used to substantiate the salary disclosures, please refer to the California Employment Development Department website at: <a href="https://www.labormarketinfo.edd.ca.gov/Occupational-Guides.html">https://www.labormarketinfo.edd.ca.gov/Occupational-Guides.html</a> . ACC provides career guidance and assistance but cannot guarantee employment. Programs lengths vary by schedule and session. The opinion is the individual's sole opinion and not necessarily representative of that of the school, any instructor or any other student.		

## Location

Los Angeles, Orange County, and Ontario campuses

## Duration

Approximately 13 months (20 months for evening and weekend option)

## Schedule

On-campus instruction. Schedule will vary by term.

## Enrollment Requirements

Some of the admissions requirements include:

- » Must be at least 18 or have a parent's or guardian's signature
- » Must have a high school diploma or the equivalent
- » Must take and pass entrance exams

Be sure to speak with an admissions advisor to get all the necessary information to apply for the Vocational Nursing program.

## Instructional Equipment

Here are some of the exciting tools you will get hands-on experience with: anatomy charts, glucometers, medication carts, procedure kits, skeletons, stethoscopes, wheelchair/walker, anatomical models, hospital beds with overbed and side tables, procedural anatomical mannequins, scale, sphygmomanometers, and electronic and tympanic thermometers

**[americancareercollege.edu](http://americancareercollege.edu)**  
**1-888-thinkACC (844-6522)**

**LOS ANGELES**  
 4021 Rosewood Ave.  
 Los Angeles, CA 90004  
 (323) 668-7555

**ORANGE COUNTY**  
 1200 North Magnolia Ave.  
 Anaheim, CA 92801  
 (714) 763-9066

**ONTARIO**  
 3130 East Sedona Court  
 Ontario, CA 91764  
 (909) 218-3253

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